

PRODUCT DATA SHEET

5-HYDROXYTRYPTOPHAN

DESCRIPTION

Dietary Supplement

5-Hydroxytryptophan

Supplement Facts

Serving Size: One Capsule Servings Per Container: 90

Each Capsule Contains: % DV

Vitamin B6 (as Pyridoxal 5'- Phosphate) 3.4 mg. *

5-Hydroxytryptophan 50 mg. *

*Daily Value (DV) not established.

Other Ingredients: Magnesium Citrate,[†] Hypromellose (derived from cellulose) capsule, Leucine,[†] Silicon Dioxide.[†]

[†]A hypoallergenic ingredient used to fill space.

SA503 / 90 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

5-Hydroxytryptophan is supplied in bottles of 90 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

5-Hydroxytryptophan should be used with caution in patients currently being treated with an SSRI antidepressant.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

Although no reports have been published, it is possible that 5-Hydroxytryptophan, when taken in combination with a selective serotonin reuptake inhibitor (SSRI) antidepressant such as Prozac, Paxil, or Zoloft, may cause a condition known as serotonin syndrome. This syndrome is characterized by agitation, confusion, delirium, tachycardia, diaphoresis, and blood pressure fluctuations.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1-2 capsules three times daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

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they are raising their standards
... at Thorne, we set them.[™]*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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